



Head, Heart and Hands A Week's Activities

Foundation House / Elementary (Classes 5-7)



Holistic Education of the Head, Heart and Hands.

Instructions to Students:

The teacher asks the students what they understand by the 'education of the whole person' and either elicits or explains that this means an education of the Head, the Heart and the Hands. The students go on to discuss what Pestalozzi meant by a 'Head, Heart and Hands' education.

What do you do with your head? Think and learn

What do you do with your heart? Feel love for others

What do you do with your hands? Do practical things

The teacher writes three columns on the blackboard, one called 'Head', one 'Heart' and one 'Hands'. The teacher asks the students to think of all the different things they do in a week.

The teacher asks individual students to name an activity and to say which heading it should be listed under. The teacher writes the activity in the appropriate column. (NB: This activity should generate some discussion and the students should be told that their activities may well fit under more than one column but that they should try to choose the most relevant.)





Head, Heart and Hands

A Week's Activities

Continued



Pestalozzi believed that we should help ourselves, and each other, using our heads, our hearts and our hands. 'Head' includes what we think and study, 'heart' includes qualities we have and what we feel and 'hands' include the actual things we do practically.

For further information about Pestalozzi's Head, Heart and Hands philosophy refer to the bold typeface at the end of the Teaching Idea 'Head, Heart and Hands (4) - The Importance of Our Actions'





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A Week's Activities Continued

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Holistic Education of the Head, Heart and Hands.

Instructions to students:

The teacher revises with the students what they understand by 'Head, Heart and Hands'

What do you do with your head? Think and learn

What do you do with your heart? Feel love for others

What do you do with your hands? Do practical things

The teacher reminds the students of what they did in the previous session '**Head, Heart and Hands (2) A Week's Activities**' and invites a student to give an example sentence stating something he or she has done in the past week. The other students then decide whether this is a head, heart or hands activity. This activity is repeated a few times.

The teacher divides the students into groups of six and gives each group two red, two yellow and two green pieces of chart paper and colouring pens.

Instructions to a group of students:

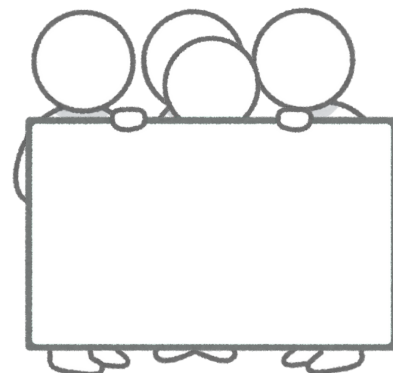
Draw, and cut around the outline of a large head on each piece of green paper, a large heart on each piece of red paper and a large hand on each piece of yellow paper.

Write three sentences on each cut out; on the heads write three different 'head' activities, one each for each different member of the group, on the hearts write three different 'heart' activities, one each for each different member of the group and on the hands write three different 'hands' activities, one each for each different member of the group.

The teacher asks the students to read out sentences turn by turn. At the end of the lesson the teacher asks a couple of students to make an appropriate title for a display of the cut out heads, hearts and hands and to stick it, along with the cut outs, onto large sheets of paper, joined together, for a display.

Materials Needed

- Two red, two yellow and two green pieces of chart paper (approx. 15cm by 20cm) for each group of six students
- Colouring pens for each student
- White chart paper sufficient to display the heads, hearts and hands (see below)
- A pair of scissors for each group
- Glue





Head, Heart and Hands

A Week's Activities Continued

Continued

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