



Careers (2)

Positive Changes

Foundation House / Elementary
(Classes 5-7)







Independence (Pestalozzi Approach)

The teacher gives a blank sheet of paper and colouring pens to each student.

Instructions to Participants:

- Think of the future and put your name in the very middle of your piece of paper.
- On the top left hand side put your ambition/s for the future
- On the top right hand side put the most positive things that have ever happened to you
- In the bottom left put what you hope to be doing when you are twenty-five
- In the bottom right hand side put what you hope people will say about you after you have died

Examples for Participants:

 Ambitions for the future...	 Positive things that have happened to me..
 Things I hope to be doing at 25...	 Things I hope people will say about me...

All the students discuss what they need to do and what they need to change in order to achieve their ambitions, be doing what they hope to be doing when they are twenty-five and to have positive things said about them after they have died. All the students discuss how this activity connects to the following beliefs of Pestalozzi

Pestalozzi believed that people should become independent and so able to make their own choices. He thought that people must be taught to help themselves by being given a relevant and useful education.

Materials Needed

- Positive Changes sheet
- Colouring pens

Online Resources

- [Positive Changes sheet](#)
- [Presentation](#)



I was picked by Edulution to be a facilitator, I now tutor mathematics using technology.

I'm also pursuing a degree in Computer science at the NIPA, National Institute of Public Administration College. That's a four-year course that and I am hoping to finish soon.

I started my computer science journey, with the aim of creating systems and Android apps, if possible. I'm thinking of developing more complicated Android software.

In ten years' time, I see myself sitting behind screens. Programming, of course, developing Android apps, more complicated apps that will help the world.

Alex - Pestalozzi International Alumni