

THE

PESTALOZZI

INTERNATIONAL FOUNDATION



Empowering young people to make a difference in the world



NEWSLETTER Summer 2022

www.pestalozzi.org.uk



"Education is for improving the lives of others and for leaving your community and world better than you found it."

Marian Wright Edelman



CONTENTS

- 2** Message from our Chair of Trustees
- 3** Updates on the current Pestalozzi-UWC Scholars
- 7** Pestalozzi Development Fund - Supporting education through digital technology in Nepal and Zambia
- 9** Where are they now? Alumni and what's next.
- 13** How you can support us
- 15** Thank you

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Dear Supporters, Alumni, and friends of Pestalozzi,

It has been a busy and exciting six months at Pestalozzi International Foundation. We have continued our quest to become as efficient as possible as an organisation whilst also pursuing several new initiatives and relationships to further our work into the future. Individual donations and other such charitable giving have been the bedrock of our cause for many years, and it will remain the heart and soul of what we do.

However, we have recently been on a targeted journey to find corporate partners that can help us develop and deliver our mission in new and exciting ways. As such, we ask our previous supporters, alumni, and friends to engage with us in any way that they can to help us find and foster corporate partners that will strengthen our ability to deliver our mission.

Recently, Trustees David L. and Mark attended the graduation ceremony of another cohort of Pestalozzi Scholars at UWC Atlantic. We are immensely proud of what the students have been able to accomplish in their time at the college and hope that they all receive the grades they have been working so hard to achieve. UWC Atlantic have been excellent custodians of the students, achieving excellent outcomes for their futures, which you can read about on pages 3-6.

We are also proud of the work done by alumni who have received Pestalozzi Development Fund grants for initiatives to improve digital technology access for young people in Zambia and Nepal. You can read about these excellent projects on pages 7-8.

Finally, I would like to call all supporters to action. We continue to carve out a roadmap for the organisation with ambitious goals and dreams. As ever, for us to achieve what we seek, we need your help. Please get in touch with the team if you wish to find out more about how you can support us moving forward.

Sincerely,

AARON ECKHOFF
Chair of Trustees





PESTALOZZI-UWC SCHOLARS

UPDATES ON THE 21/23 SCHOLARS



BRALLAN



MINGLA



HARI



FRED



MENARD

Brallan described having the opportunity to live in a diverse community as unique and a place where he has learned not to judge others. He has learned to be more confident in his own abilities and has tried things he never imagined doing. One of his highlights was being part of the marketing team for the 24-Hour Race, a global youth movement against human trafficking and modern slavery. Next year, he will be the Marketing Director. He also directed and produced a 'Lip Dub' video, which was shown at the UWC Atlantic graduation ceremony.



Arriving on campus late made settling into college life a little more challenging for Mingla. However, she stepped outside of her comfort zone and delivered a workshop on Tibet and danced and sang in several performances at the international show. This summer she is going to volunteer in a school in her community and participate in the UWC Nepal student and alumni gathering.



Fred, from Zambia, has enjoyed the interaction between cultures at the college and debating about various cultural issues. He arrived late on campus and has worked extremely hard to catch up and integrate into the community. Fred has enjoyed hiking and camping along the Welsh/ English border and playing basketball. He hopes to reinvolve himself with the community basketball team at home over the summer break and will also try to find a part-time job or an internship related to electronics so he can develop his knowledge.

Hari is looking forward to returning to Bhutan, spending time with his parents and enjoying spicy food. The transition to studying IB was not easy, but he has adjusted to the faster pace and is happy that he was able to select a range of subjects that work for him. This summer he is hoping to volunteer at The Golden Youth Award summer camp.

Menard had the opportunity to meet two of the Pestalozzi Trustees at the graduation ceremony. He has been awarded a GoMakeADifference grant for his project 'Budiro Yedikita,' which aims to reduce plastic waste in his home community of Chitungwiza, Zimbabwe. Menard will work on this project during his summer break. On campus he has been engaged with Wellco, the student wellbeing council and shared that he feels that he has become a more compassionate person.





PESTALOZZI-UWC SCHOLARS GRADUATES



Our second group of students recently graduated from UWC Atlantic on completion of their International Baccalaureate Diploma programme. They have risen to the challenges they have faced completing their course during a global pandemic, an achievement in itself.

Devi embraced the opportunity to spend her first time abroad surrounded by young people from a myriad of diverse cultures. Although there was unsurprisingly an element of culture shock at first, she describes the experience as life-changing, and it has taught her to appreciate other perspectives. Devi and a classmate have been awarded a Lighthouse prize of £6050 for 'The Tutoring Initiative', which will provide free online English education to less privileged communities in developing countries, clearly demonstrating her eagerness to pay it forward.

"I am going to continue my studies at Duke University (Pratt School of Engineering) with an intended major of mechanical engineering. I am also interested in pursuing an energy and environment certificate or an aerospace engineering certificate. I am forever grateful for being a Pestalozzi scholar and I could not have done it without Pestalozzi."





Lionel has enjoyed the broader aspects of college life, particularly football, coastal walks and jogging around campus. For his Extended Essay in biology, he chose to explore the traditional treatment of epilepsy in his Western Ugandan community. He also acted as a Peer listener and found Project week activities such as Peacemaking and diversity to be not only fun, but educational too. Lionel will be continuing his studies at Luther College, USA.



We are sure that Aliza will enjoy returning to Nepal to spend time with her family and friends as she was unable to return home last summer due to covid restrictions. She is also hoping to volunteer in her former school and help at the UWC Nepal gathering in June. Her time at UWC Atlantic has provided opportunities for Aliza to become more independent and to develop personally. We wish her well as she heads off to St. Olaf College, Minnesota, this autumn.

BRINGING DIGITAL EDUCATION TO YOUNG PEOPLE IN NEPAL AND ZAMBIA

KALIKA ELC

One thing that the Covid pandemic has highlighted is the inequality in access to education that remote learning, reliant on digital technology, has created. Three alumni on two continents have taken action to address this issue.

Alumni Laxmi and Uddhav received a PDF grant to establish an Educational Learning Center (ELC) at Kalika Lower Secondary School, located in a remote village in Solukhumbu. The well-equipped ELC with internet service, library, and trained teachers will enable access to a holistic education that the students, especially in remote villages, do not get.



Uddhav has a degree in Maths from MIT and is a Davis Projects for Peace grant and Martin Luther King Junior Leadership Award recipient. Laxmi gained a degree in International Comparative Studies with a focus in education in South Asia, maths and education at Duke University. She has volunteered for the Dalit Rights International Commission and worked as an Impact Evaluation Coordinator at Teach for Nepal.

'At the heart of these involvements lie the values I was instilled with while at Pestalozzi - giving back to your community. I am very grateful for the opportunity that I received despite my difficult family circumstances, and I am now using my head, heart and hands to make a little difference in other people's lives, who have the potential, but not necessarily the means that they need to fulfil their potential,' Laxmi shared.

"Our students have very limited access to technology and resources. With the PDF grant, our dream of transforming the school has become a reality. We are sincerely grateful and are confident that the ELC will be hugely beneficial to our students."

- Hom Kattel, Principal

PLAY IT FORWARD ZAMBIA



Play It Forward Zambia has received a PDF grant to support a Digital Skills Accelerator programme. The project was nominated by Lwanga, who graduated from Pestalozzi in 2010. He is currently the Project Officer of Education at Play It Forward.

The project aims to equip young people with fundamental digital skills that set them on a pathway to employment in the future. Basic computing, coding and web development training will be provided to 550 students aged 12-23 from low-income families in several underserved communities.

Play It Forward is a charity and football club committed to social change in Zambia. Their aim is to inspire and empower a whole new generation of young people to take control of their lives. Programmes both on and off the pitch equip the young people involved with new skills to enhance their opportunities in school, the workplace and life in general. Play It Forward's holistic approach to development mirrors that of Pestalozzi's, one of the reasons we are keen to support the programme and broaden the impact that Lwanga and the participants can have in their communities.

“I dream of helping my country and those coming behind me the way Pestalozzi has helped me. I want to help the youth, to give them self-belief. ... With the opportunity Pestalozzi has given me, I can learn and pass on my knowledge.”

- Lwanga



Lwanga(left) teaching digital skills to students.

ALUMNI ACHIEVEMENTS

We always look forward to hearing from our alumni and this year we celebrate a bumper crop of graduates earning both undergraduate and Master's degrees. The Pestalozzi Scholarship has been a springboard enabling scholars to access higher education places and scholarships, allowing them to further develop their skills and knowledge. Many have continued to be involved in a wide range of voluntary activities, giving back to society, while continuing their studies. We wish everyone the best of luck in the next step on their journey.

During his time at Berea, Faisal has received various awards both for his academic and service activities. These include the Lilli Brann Scholarship in Physical science, The Bonner Foundation Award, The Jane A. Kendrick Community Service Award, and The Homer A. Porter and Carol M. Porter Citizen-Servant Emerging Leader Award. In addition, Faisal has worked as a programme manager for the student-led Habitat for Humanity collegiate chapter.

'The 3 H's (Head, Heart, Hands) were handwritten to my DNA. I am always striving to get more knowledge that I apply to my passion for giving back to every community I encounter.'

**- Faisal, Berea College
BA in Mathematics and Physics**



'I learned and grew up so much during my Pestalozzi years, both personally and academically. I am grateful to the donors, staff members, and friends that I met at Pestalozzi for the continuous support both materially and emotionally during my Pestalozzi years and beyond.'

**- Junita, Wellesley College
BA Computer Science and Statistics**



Tracy, Harvard University Masters in Public Health. Graduating from internal medicine and global health equity residency in June 2022, and starting cardiology fellowship in July 2022.

Tracy has spent the last four years taking care of patients in Boston particularly during the COVID pandemic, which occurred during most of her training in Internal Medicine Residency. She was also pursuing global health equity, and due to inability to travel during the pandemic, she volunteered as one of the faculty remotely teaching medical students at the University of Global Health Equity in Rwanda. She hopes to follow in the footsteps of public health champions like Dr Paul Farmer, who changed how medical care was delivered in low resource areas. She is now looking forward to beginning her final training in cardiology in July.

'The exposure and experience at Pestalozzi opened many doors for me -- most fundamentally, I learned to keep an open mind to embrace uncertainty and serendipity. When I left, I left with the realization that the willingness to extend compassion to another being is above any of our pursuits and passions. All thanks to wonderful staff, supporters, and donors.'

**- Parik, Soka University of America
BA in Liberal Arts.**

Commencing PhD in Applied Mathematics and Statistics at The Johns Hopkins University.



'I'm grateful for the Pestalozzi scholarship and support I received from the program. The scholarship meant the world to me at the time I received it and later presented other opportunities to further my education. I'm grateful for the staff and all the friends I made.'

**- Vella, McGill University, Canada
BA in Computer Science and Economics**



ALUMNI ACHIEVEMENTS

'I am forever thankful for the love everyone has made in my personal and professional growth, and Pestalozzi is a great part of this journey. Your support for Pestalozzi has and will help many young people like me make a better future in the world.'



- Roy, Haverford College
BS Biology and Psychology with a minor in Linguistics.

Joining Emory University doctoral program in Neuroscience.

'I would like to thank Pestalozzi for the holistic approach it took in providing an interdisciplinary education to me, and for helping me realize my dreams and potential. I always felt guilty in not being able to perform as expected while at Pestalozzi, but I now recognize how it prepared me to land and succeed in the real world. I am thankful for the two years that allowed me to understand diverse students and staff from around the world. That has been the prime reason I was able to network and make true friends in the US no matter their origin.'

- Arpana, University of Texas at Tyler
Bachelor's in Accounting with minor in Economics.

She received the annual Outstanding Undergraduate Accounting Student award.



CHIPO, Berea College - BA Chemistry and Biochemistry

MARIO, Grinnell College - Bachelor's in Maths and Computer Science

NIDUP, Ashoka University, India - Bachelor's in Computer Science and Psychology. He will continue with Advanced studies in Psychology at Ashoka



'I focused on environmental justice in my undergraduate degree and am committed to serve the marginalized and most vulnerable groups to the current climate crisis as an environmental planner in the future. I am grateful to Pestalozzi for strengthening my interest in social justice and for helping me find my voice.'

- Samikshya, Smith College
BA, double majoring in Governmental Studies and Environmental Science and Policy. Continuing her studies with a Master's in Regional Planning at Georgia Institute of Technology.

'I graduated from Connecticut College with a BA in Mathematics and Economics and I am heading to New York to work as an analyst. I could not have been where I am today without the two incredibly formative years at Pestalozzi. Thanks to all the donors for their support.'

-Aayush, Connecticut College



ARCHANA, University of Rochester BS in Computational Biology. Will act as a mentor to a high school student studying in Nepal for Aakar, set up using a PDF grant.

TENZIN CHODEN, University of Wisconsin - Madison BS Data Science and Economics with a Math emphasis. Commencing Master's in Business Analytics at Wisconsin School of Business

TSUNGAI, Eduvos, South Africa - BSc Biotechnology Management, Applied Sciences

HOW YOU CAN SUPPORT US

There are many ways in which you can support Pestalozzi and we appreciate every penny and pound that you donate or raise to support the education of our amazing students.

SHOPPING

Amazon Smile will donate 0.5% of the net purchase price of eligible purchases to the charity. Use this link: <https://amzn.to/32hfKpu>

Sign up and use www.easyfundraising.org.uk when shopping online. It costs you nothing. £2300 has been raised for Pestalozzi through this platform:

<https://bit.ly/3MRKB13>

TCS LONDON MARATHON 2022

We are delighted to have Gareth running on behalf of the charity in this year's London Marathon.

"I'm running for PIF because I believe that education should be accessible for all and is fundamental to an inclusive, prosperous and forward-thinking world. Nobody should be disadvantaged because of where they were brought up and it's so important that these children and young adults are given the chance to fulfil their potential and make lasting impacts on their communities. Having visited some of the poorest areas in South Africa many years ago and seen the conditions that they'd had to grow up in, I'd always vowed to try and do more for the children that I met there and with the fantastic work that PIF does, any money that I raise will go towards supporting children and young adults like them from all over the world."



You can sponsor Gareth here: <https://www.justgiving.com/fundraising/gareth-hiron1>



Thank you very much to our pledgers and donors who raised £7531 in the 2021 Big Give Christmas Challenge. This will be even more once we add Gift Aid. Watch our website and social media channels for details of the 2022 campaign.

MAKE A DIFFERENCE IN THE WORLD DONATE TO PESTALOZZI

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Family name:

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Postcode:

Telephone:

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I wish to give regularly and have completed the Bankers Order Form (below)

Please stop claiming Gift Aid on my donations as I am no longer a UK taxpayer

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email post

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Your bank:

Bank address:

Postcode:

Sort code: Account number:

Account name:

Please pay to Barclays Bank plc, 207-208 Queens Road, Hastings, TN34 1QP. Sort Code: 20-27-91
For the credit of Pestalozzi International Foundation
Account Number: 60716383

the sum of £

(please repeat in words)

Please take my gift: Once Monthly Annually

Commencing: D D M M Y Y until further notice

Signature:

Date:

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate.

Gift aid is reclaimed by the charity from the tax you pay for the current tax year.

I would like Pestalozzi to reclaim gift aid on:

My donation of £ only

My donation of £ and any donations I make in the future or have made in the past 4 years

I am a UK tax payer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Please notify the charity if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and/or Capital Gains.

Signature:

Date:

ARE YOU INTERESTED IN BECOMING A TRUSTEE?

Do you want to make a positive difference to the lives of young people? Do you have skills in our key priority areas that you are willing to share? Then look no further!

We are looking for motivated individuals to join our Board of Trustees. This is a fantastic opportunity to play a vital role in securing the successful and sustainable growth of the charity and help to shape the strategic direction of the organisation.

We are particularly interested in those who have a background or experience of charity finance, marketing (particularly digital) and income generation. As an ambassador for Pestalozzi, Trustees require a genuine commitment to the vision, mission and values of the charity and be able to devote the necessary time and effort required to support Pestalozzi.

Would you like to be part of the small, dynamic team that supports the education of young people from some of the world's most disadvantaged communities? As a Trustee you can play a significant role in help them to make an impact in the world.

If you would like further information contact: Lesley. Russell-Dean@pestalozzi.org.uk

